
ANTI-RACISM

Online Resources

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Hello!

In this document you find a small selection of articles, videos, podcasts, audiobooks, and websites, in which People of Color describe their own experience with racism. Additionally, media is provided in which background, historical developments, and connected topics like racism at the intersection with other forms of discrimination and different forms of microaggression are discussed.

This list of media is neither complete nor necessarily provides the best material available. It is a collection of media that I myself used to educate myself, things that friends and other students recommended and which I found as recommendations by People of Color¹ who are activists or trainers in anti-racism. If you feel like important media is missing or some media is inappropriate or if you have any other feedback about this project, feel free to contact me at fkiesewetter@karlshochschule.org

I hope you will have an instructive time reading!

Franka Kiesewetter



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¹ The term People of Color (PoC) that I use is a term that people who experience racism have given themselves. It is not talking about the skin color of the people but it is referring to a political notion, that solemnly refers to the experience of racial marginalization and discrimination they experience. PoC are not a homogenous group and the racism they face can take very different forms and shapes, nevertheless all of these forms are discriminating and need to be changed (<https://diversity-arts-culture.berlin/woerterbuch/poc-person-color>; <https://glossar.neuemedienmacher.de/glossar/people-of-color-poc/>). Even though the term was developed by PoC, of course not all PoC can identify with it and might use other terms.

Articles

English Articles



Articles about racism general

Mullainathan, S. (2015). Racial Bias, Even When We Have Good Intentions. Retrieved from <https://www.nytimes.com/2015/01/04/upshot/the-measuring-sticks-of-racial-bias.html>

This article by economist professor S. Mullainathan from Harvard talks about how we unconsciously discriminate using for example racial bias in the hiring process to illustrate this point.

Viney, L.-M. S. (2016). Here's Why it Hurts When People Say "All Lives Matter". Retrieved from <https://www.vanityfair.com/news/2016/07/black-lives-matter-all-lives-matter>

The youth advocate and educator Viney talks about why it is so important for Black people that they matter.

Hughes, R. L. (2017). 10 Signs of Institutionalized Racism and the Rhetoric of "Greatness" Retrieved from https://www.huffpost.com/entry/10-signs-of-institutionalized-racism-and-the-rhetoric_b_593bff26e4b014ae8c69e0cc

Robin L. Hughes, professor with the research focus race, writes about that institutionalized racism is everywhere and describes how we can learn to see it.

Uwujaren, J. (2013). The difference between cultural exchange and cultural appropriation. Retrieved from <https://everydayfeminism.com/2013/09/cultural-exchange-and-cultural-appropriation/>

J. Uwujaren gives her perspective of the two frequently questioned and mixed concepts of cultural appropriation and cultural exchange or appreciation.

Samudzi, Z. (2020). White Witness and the Contemporary Lynching / Samudzi, Z. Retrieved from <https://newrepublic.com/article/157734/white-witness-contemporary-lynching>

Samudzi tackles the question why white people watch videos of Black people being murdered and hurt.

Intersectional discrimination

Williams, M. (2019). How White Feminists Oppress Black Women: When Feminism Functions as White Supremacy. Retrieved from <https://chacrana.net/how-white-feminists-oppress-black-women-when-feminism-functions-as-white-supremacy/>

The psychologist Dr. Monica Williams talks about the underrepresented position of Women of Color in the Feminism movement.

Crenshaw, K. (1989). Demarginalizing the intersection of race and sex: A black feminist critique of antidiscrimination doctrine, feminist theory and antiracist politics. Retrieved from https://philpapers.org/archive/CREDTI.pdf?source=post_page-----

The jurist Kimberlé Crenshaw shaped the term "intersectionality" in this essay as the discrimination because of the belonging to more than one marginalized group in her position of a Women of Color.

Related concepts

DiAngelo, R. (2011). White Fragility. Retrieved from https://www.avapl.org/pub/poca_docs/Robin%20DiAngelo_WhiteFragility.pdf

The sociologist DiAngelo explains the phenomenon that white people frequently react defensive when they are told that they behaved racist.

Cherry, K. (2020). How Does Implicit Bias Influence Behaviour? Retrieved from <https://www.verywellmind.com/implicit-bias-overview-4178401>

The psychologist Kendra Cherry explains the concept of implicit bias, unconscious assumptions that are made of a certain social group.

Sue, D. W., Bucceri, J., Lin, A. I., Nadal, K. L., & Torino, G. C. (2007). Racial Microaggressions and the Asian American Experience. Retrieved from

https://d1wqtxts1xzle7.cloudfront.net/53439247/Racial_microaggressions_and_the_Asian_Am2017_0608-3025-1fza59h.pdf?1496957100=&response-content-disposition=inline%3B+filename%3DRacial_microaggressions_and_the_Asian_Am.pdf&Expires=1602603244&Signature=gYdayDElipE0IREN3h8P5yXmCKBguOw7pikWqeYoJfEpA5Pqu8k0~H7PvQ8DQ3gL5fmkUIRtU9TiZUO1Ob605jWezNUyy0nSpGh-PIF5KXrHDcVTwdpKoO3IM0efUvfAzp3fzkg-NqlqCQhmvGblZqLsqAR-8sqcQY8LnFAX5voTuVXYC1JmOdbA8tM3mevZDNkU7q6qxuDovhIrk5W4RwVNhYZ6bXRtCHLvbXIEBZQncVufBUwXHCiYJ208-UqcliJtb~rp7QzoqiQntRdK9ZWgh2eLMuhAVf1ycwOdZMYrzHphM7fraLnJWsyPsnSq4twlLnZgs2aV8HyLLAwg_&Key-Pair-Id=APKAJLOHF5GGSLRBV4ZA

10 self-identified Asian American participants identify the eight major microaggressive themes against their group.

Desmond-Harris, J. (2015). What exactly is a Microaggression? Retrieved from <https://www.vox.com/2015/2/16/8031073/what-are-microaggressions>

Desmond-Harris explains what microaggressions are, how they harm people and how they can be avoided.

Kaba, M. (2020). Yes, We Mean Literally Abolish the Police. Retrieved from <https://static1.squarespace.com/static/5856b4a5e6f2e1189ab6e82a/t/5ee6483c13797867358dc675/1592150076501/Yes%2C+We+Mean+Literally+Abolish+the+Police+-+The+New+York+Times.pdf>

In a letter to the New York Times, Mariame Kaba, the founder of a grass-root organization that works to abolish criminalization, writes about why she thinks that the police needs to be abolished.

German Articles

Articles about racism general

Alltags Rassismus Serie. Retrieved from <https://www.zeit.de/serie/alltag-rassismus>

The German newspaper “Die Zeit” offers a platform to German People of Color to share their experience with racism in this series.

Attia, I. (2014). Rassismus (nicht) beim Namen nennen. Retrieved from <https://www.bpb.de/apuz/180854/rassismus-nicht-beim-namen-nennen?p=all>

Iman Attia offers a short summary of what racism is to contribute to people understanding when they actually see racism.

Related Concepts

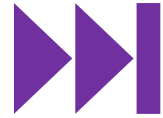
BPB. (2019). Deutsche Kolonialgeschichte. Retrieved from <https://www.bpb.de/shop/zeitschriften/apuz/297608/deutsche-kolonialgeschichte>

This short book summarizes the German colonial history until today.

Glokal. (2013). Mit kolonialen Grüßen. Retrieved from <https://www.glokal.org/wp-content/uploads/2013/09/BroschuereMitkolonialenGruessen2013.pdf>

A brochure for people who go abroad to the Global South and want to reflect critically on how they talk about their experience without reproducing racial and postcolonial images.

Audiobooks



Hasters, A. (2019). Was weiÙe Menschen nicht über Rassismus hören wollen, aber wissen sollten. Retrieved from

https://open.spotify.com/album/0FhTAyG7izSGUi7x8xaPgm?si=XaqmlaffSKS6x3QiBs_5uw

Alice Haster's audiobook is available for free in German on Spotify. She is talking about several aspects of racism by telling stories from her own life, being backed up by references to other authors and studies. The topics she is talking about include e.g. love, family and the body.

Ogette, T. (2018). Excit Racism. Retrieved from

<https://open.spotify.com/album/6LLI2tvQel0dJiTLQpTAUE?si=9X07XjbtjWpPHTLqC4tCA>

Similar to Haster's book, Tupoka Ogette also talks in German about racism the way she experiences it. Her book covers the topics of denial of racism, the history, racism and being white today and the rejection to see racism in Germany.

Videos

English Videos

Videos about Racism



Race Forward. What is Systemic Racism? Retrieved from <https://www.raceforward.org/videos/systemic-racism>

Eight videos explain different aspects of systematic racism, among them the wealth gap, employment, housing discrimination and drug arrests.

The Doll Test. (2012). Retrieved from <https://www.youtube.com/watch?v=tkpUyB2xgTM>

Social experiment that shows that even young children have already internalized racist thoughts independently of their own race.

Watkins, L. (2020). For white people asking what to do about racism. Retrieved from <https://www.youtube.com/watch?v=sjhz594Am6g>

Watkins' meditation video is for white people who are asking what you can do about racism: Watch and act.

Intersectional discrimination

Crenshaw, K. (2016). The urgency of intersectionality Ted talk. Retrieved from <https://www.youtube.com/watch?v=akOe5-UsQ2o>

Kimberlé Crenshaw talks in her TED Talk about the reality of race and gender bias and how the two can combine to create even more harm.

Myers, V. (2014). How to overcome biases? Walk boldly toward them. Retrieved from https://www.ted.com/talks/verna_myers_how_to_overcome_our_biases_walk_boldly_toward_the_m?referrer%253Dplaylist-

[talks_to_help_you_understand_r%26amp;sa%3DD%26amp;ust%3D1591732639566000&sa=D&ust=1591732639713000&usg=AFQjCNG0S3UZJvC0PNPPdejiUM-WEYR4g](https://www.ted.com/talks/verna_myers_how_to_overcome_our_biases_walk_boldly_toward_the_m?referrer%253Dplaylist-talks_to_help_you_understand_r%26amp;sa%3DD%26amp;ust%3D1591732639566000&sa=D&ust=1591732639713000&usg=AFQjCNG0S3UZJvC0PNPPdejiUM-WEYR4g)

In this TED Talk diversity advocate Vernā Myers looks closely at some of the subconscious attitudes we hold toward out-groups and asks all people to acknowledge their biases.

Related concepts

Bainbridge, D. (2019). What is Cultural Appropriation? Retrieved from <https://www.youtube.com/watch?v=VQgF1f557YY>

Danielle Bainbridge explains the much-contested concept of cultural appropriation and its differentiation towards appreciation.

Davis, A. (2017). Revolution Today. Retrieved from <https://www.cccb.org/en/multimedia/videos/angela-davis/227656>

As one of the great historical fighters for human rights and against racial discrimination, in this lecture Angela Davis talks about the meaning of revolution today.

German Videos

KARAKAYA TALK. (2019). Fridays for Future: zu weiß? Retrieved from <https://www.youtube.com/watch?v=iXtzy2RLjc8>

In this discussion round Esra Karakaya talks with four People of Color about the missing representation of PoC in the Fridays For Future movement and the challenges that economically less well of people face to behave environmentally friendly.

KARAKAYA TALK. (2020). Coronavirus: Wie ansteckend ist euer Rassismus? Retrieved from https://www.youtube.com/watch?v=h4iQ_UglvYs

Four Germans who are read to be Asian talk about the rejection they faced during the beginning of the Corona pandemic.

Films

Documentary



DuVernay's, A. (2016). 13th. Retrieved from <https://www.youtube.com/watch?v=krfcq5pF8u8>

This Netflix documentary examines the U.S. prison system, more specifically how the country's history of racial inequality drives the high rate of incarceration in America.

Explained (Season 1, Episode 1). (2018). The Racial Wealth Gap. Retrieved from <https://www.youtube.com/watch?v=Mqrhn8khGLM>

Cory Booker explains how slavery, discrimination in housing and century long inequality have contributed to the Racial Wealth Gap.

Racism – A history (Part 1-3). (2007). Retrieved from <https://youtu.be/GcrcfITCu4Q>, <https://youtu.be/8hNiuzX2u3E>, <https://youtu.be/V4sYJdYEsHM>

This BBC documentary talks about the origins of racism.

Pareigis, J. (2017). Afro.Deutschland. Retrieved from <https://www.youtube.com/watch?v=VDVLUqqQEa8>

This German documentary talks about how it is to live in Germany as a Person of Color and what needs to change.

Kunhardt, P. (2018). King in the Wilderness. Retrieved from <https://www.hbo.com/documentaries/king-in-the-wilderness> (requires HBO account).

This HBO documentary shows the final chapters of Dr. Martin Luther King Jr.'s life, revealing a conflicted leader who faced an onslaught of criticism from both sides of the political spectrum.

Miniseries

DuVernay, A. (2019). When They See Us. Retrieved from <https://www.netflix.com/de/title/80200549> (requires Netflix account).

This miniseries consisting of four parts talks about the true story of five teenagers who were wrongly accused of a brutal crime.

Podcasts



English Podcasts

NPR. (since 2013). Code Switch. Retrieved from

<https://www.npr.org/podcasts/510312/codeswitch>

Hosted by journalists of color, this podcast tackles the subject of race head-on. They explore how it impacts every part of society — from politics and pop culture to history, sports and everything in between.

New York Times. (2020). 1619. Retrieved from

<https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.html>

An audio series on how slavery has transformed America, connecting past and present through the oldest form of storytelling.

Eddo-Lodge, R. About Race with Reni Eddo-Lodge. Retrieved from

<https://www.aboutracepodcast.com/>

Featuring key voices from the last few decades of anti-racist activism, *About Race with Reni Eddo-Lodge* looks at the recent history that lead to the politics of today.

African American Policy Forum. (Since 2018). Intersectionality Matters! Retrieved from

<https://aapf.org/all-episodes>

This podcast is hosted by Kimberlé Crenshaw, an American civil rights advocate and a leading scholar of critical race theory and talks about racism and other forms of discrimination.

Crooked. (Since 2017). Pod save the People. Retrieved from <https://crooked.com/podcast-series/pod-save-the-people/#all-episodes>

This podcast offers a unique take on the news, with a special focus on overlooked stories and topics that often impact people of color.

German Podcasts

Feuer und Brot. (Since 2016). Retrieved from <https://feuerundbrot.de/>

Two best friends talk about societal, pop cultural and personal topics, among them also topics that relate to racism, e.g. Episode 33 about Cultural Appropriation, 45 about White Saviorism and 51 about the film trope of the “Magical Negro”.

Ogette, T. (Since 2019). Tupodcast. Gespräche unter Schwestern. Retrieved from

<https://tupodcast.podigee.io/>

Tupoka Ogette invites a new woman of color for every episode and talks with her about her experiences with racism, the time when they started to realize the racial injustices and thinks they do to cope with it.

Websites



English Websites

Project Implicit. (2011). Implicit Association Test. Retrieved from <https://implicit.harvard.edu/implicit/takeatest.html>

Tests that reveal how much we are implicitly biased against all kinds of social minorities, among them also People of Color.

SAIH. Radi-Aid. Africa for Norway. Retrieved from <https://www.radiaid.com/>

This website awards the worst and the best fundraising videos, since they are very often using a very stereotypical image of the Global South, which establishes postcolonial and racial ideas and strengthens the idea of white saviorism.

LSA Inclusive Teaching. (2020). An Instructors guide to understanding Privilege. Retrieved from <https://sites.lsa.umich.edu/inclusive-teaching/inclusive-classrooms/an-instructors-guide-to-understanding-privilege/>

The website provides materials to create awareness about the gender, race, ethnicity, ability etc. privilege most teachers have and gives tips how to deal with this privilege.

German Websites

Ogette, T. (2018). Exit Racism. Zusätzliche Materialien. Retrieved from <https://www.exitracism.de/materialien.html>

Additional materials (mostly videos) to supplement the read of Ogette's book Exit Racism (also without having read the book, it is still very informative).

Bundeszentrale für Politische Bildung. Themenseite Rassismus. Retrieved from <https://www.bpb.de/politik/grundfragen/rassismus/>

Content of the center for political education in Germany about what racism is and how it developed.